

## Master Mediums

Psychic Medium John Edwards of *Crossing Over* and Medium-Channel Allison Dubois, who the hit TV show *Medium* was modeled, have really turned the metaphysical and paranormal world upside down with their success.

Allison is known as the Paranormal Princess on Facebook. John and Allison both are Master Mediums. They tour and give modern day séances they call galleries or mediumship presentations across the country. They have helped take the spookiness out of the equation and create a relaxed space, using humor to set you at ease. They proceed to blow you away with their scope of the unknown.

They have brought the beauty of mediumship and what it was intended for out in the open. Their healing and transformation is apparent in the faces of those who hear their messages. When a person can hear a message and a piece of evidence that they know no one else could know, their whole world can change in an instant. Years of sadness, grief and guilt can wash away with the blink of an eye.

Allison was seeing spirits as a child. Since it is a little out of the ordinary she didn't really know what to do with the messages and things she heard and felt. John's gift was brought on by the early death of his beloved mother. A medium told him that she was at peace and that he too had this ability to see beyond the veil. Hearing these messages from his Mom helped ease some of the pain of losing her. He knows first hand how healing it can be to have a connection with someone in the spirit world. This is what helps mediums to move forward and relay the messages they get.

Even though we all have some psychic ability, it is a part of our survival mechanism. The physical apparatus of a medium is wired a little different than most people. They are a little more fine tuned, my Dad called it being "high strung". They can perceive beyond the normal range of hearing and visual perception.

For mediums like John and Allison, connecting to our loved ones in spirit through mediumship is a simple matter of adjusting our awareness and allowing our senses to go beyond this three-dimensional physical reality. We have the five basic senses of touch, sight, feel, smell and hearing. These senses function in the physical realm. Our light bodies can also hear, see and feel. We call this clairaudience, clairvoyance, and clairsentience. The medium is able to use these senses a great deal more than most people. Physical body has several layers or extended bodies that most people cannot see with their ordinary eyes. This is appropriate for this experience here on Earth. However, we have layers of energy bodies that have different functions. These layers are called our light bodies. The light bodies consist of our emotional body, mental body, soul body, soul emotional body, soul mental body and casual body. All of these bodies interconnect with each other and the physical body.

At the time of death, the emotional, mental, soul, soul emotional, soul mental, and casual bodies (light bodies) pull away from the physical body taking the life force with them. The soul now exists in the astral body. Which is appropriate for the astral realm. The light body spirit still has feelings for the loved ones left behind and is still able to think and process thought. Learn more about spirits and the process of transitioning in my article [Bardo – Journey Of The Soul](#). Some mediums can use their perceptions to follow a trail so to speak. To track an origin or an end. In the case of Allison Dubois, she can perceive images and follow the trail to a physical body. Most mediums just follow the trail to discerning messages and whatever evidence that spirits can impart. Some mediums can hold the thread of communication and follow it to the families in spirit giving names of several relatives. This is how spirit works with me, very like John Edwards' style of relaying messages. Some of my friends in mediumship can follow the trail and impressions inside the physical body to gather imagery and ideas about what might be going on in the physical body.

For the spirit entity to connect to a medium, all they have to do is merge the aura of the medium and connect their mental field to the medium's. Now a mind-to-mind communication takes place. Symbolism is the language of the universe. The disincarnate spirit will impress a message of symbols through their mental field to the medium's mental field. The medium will often hear a combination of words, see images and feel impressions from the disincarnate spirit. Usually the first thing the spirit will tell the medium is their name. If they had an unusual name, they might try to get their name across by using a song, like "Rocking Robin". I once had a young girl who was killed in a car accident come in with that song. The medium will hear the song over and over until they acknowledge it. Sometimes, the spirit will say something about how they died or give names of surviving members of the family, or special pet. They might show the medium scenes, and symbols about their life. I try to describe them to my client exactly as they are being impressed to me. It is up to the spirit to project, and up to the medium to receive. To learn more about John Edwards, go to: [www.johnedwards.net](http://www.johnedwards.net), and to learn more about Allison Dubois, go to: [www.allisondubois.com](http://www.allisondubois.com). If you would like to learn more about mediumship and life after death, visit my [Mediumship](#) page.