

Interview on Soul Clearing **MarVeena Meek and Lois Wetzel**

Lois: This morning's show is an interview with MarVeena Meek. We've spoken with her once before. She's a psychic medium, healer and a shamanic practitioner in Dallas. She's going to talk to us about a technique she practices called "soul clearing."

MarVeena: Good morning, Lois.

Lois: We want to talk this morning about soul clearing. How did you first learn about it?

MarVeena: I had a friend who went through the training in '96 or '97. She was really excited about it. Part of her process was to turn in training sheets and to a practice clearing. She asked me if it would be all right if she did a clearing on me. I said, "Okay, as long as it doesn't hurt."

She did it all remotely. She needed my birth information, full name, where I lived and a recent photograph of me that showed my eyes.

Lois: That's pretty standard stuff for remote healing.

MarVeena: I guess so. She got the information and called me back a couple of days later to tell me some of the stuff she had found. Mostly, it seemed like it was way over my head. It didn't make a whole lot of sense to me.

I remember one thing that stuck out. She said I had valves that were closed. They were abundance diversion valves. They had caused me to not be able to earn an income to the level and degree that I should be able to. She asked me if I had any problems with finances. I told her yes.

She said, "I did a clearing to open those valves up so, in an over-simplified way, your good luck and good karma can come to you, rather than being diverted away for some other entity's use."

It kind of caught my ear, but I didn't think much more about it. Within a month of the clearing, my income started to totally snowball. It did for the rest of the year. It was over a 50% increase. It was truly significant. I was already on a spiritual path, and I remember thinking, "Why is it now that I'm suddenly getting all these opportunities, calls and luck?"

I remember thinking, "Wow! I remember her doing an abundance diversion valve clearing." It got me intrigued with the rest of the work and all of the other things she said because I hadn't given it too much thought.

After that, I started thinking, "Wow! There must be something to it because this is extremely substantial and a significant change of pattern, all for the better."

I made a mental note, "Okay. The next time they offer that work in Dallas, I'm going to participate." I was just really curious by then. She's a wonderful teacher out of Oregon named Vanessa Ralston. She came into town once a year, but I kept putting it off.

About four years later, I got into one of her classes. We did another clearing as a group. It was an entity clearing. I didn't think I had any entities. Most of the time, we don't know we have them if they're attached to us or if they're just kind of stalking us or siphoning whatever energy they can off of us.

We did a clearing as a group that day. That night, I had a rebound attack. Sometimes that happens when you boot something out of your energy field. It's like a boomerang. It tries to come back in. That doesn't mean it can come back in, but it will make an attempt.

At about 3:00 or 4:00 in the morning, I had a psychic attack. I saw the face of that "dark lord" entity that we did the clearing on. It was trying to get reattached to one of my chakras. I could see it as plain as day. It scared the tar out of me.

I remember my teacher saying, "Your shields are strong. They'll hold. You just have to trust in it because we reset our psychic shields. You just have to tell it to go away." Once I calmed down and stepped into my power, it just went away.

I think I was able to see it so that I would know the magnitude of what was possible with it.

Lois: It was confirmation of what had just happened. Otherwise, you might not have gotten it.

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MarVeena: I might not have taken it as seriously, embraced it as much, and delved into it. I'm very much a "show me" girl. Even though I do all this stuff, I really like to know that it works, and I like to see it work in a tangible way. That's a big part of who I am. I want to know it works and see it work for myself, and then I can believe in it.

Lois: You're more into experience than theory.

MarVeena: I think the best way for you to get and for your physical body to know is when you've actually experienced and lived through it. Then you can really know it. In theory, sometimes it makes sense, but you haven't lived through it.

Lois: Exactly. I think that's true with a whole lot of things that have to do with that which cannot be seen. Until you experience it, you can't really relate to it. It's like, "Okay. I think this is probably true. It really resonates with me," but until you experience it, you don't get it at a deep level. Can you define what "soul clearing" is?

MarVeena: There are a lot of ways we can come to the same conclusion. The way I explain it is that as we're moving into a new millennia and all of us are journeying to find a place of greater clarity and really know who we are on a deep level, it's important that we all release any limitations or restrictions to help us through this journey so we can align with the completeness of our souls.

This material helps us go through ceremonial processes and clear off any patterns, entities, energies, vibrations, spirits, residue from other lifetimes, thought forms that aren't serving us, and belief systems we might have been caught up in that we still have karma with.

It's clearing off what no longer serves our highest soul good so we can move forward and enjoy more love, light and truth.

Lois: One of the things you told me earlier was that it will let you know what archangelic realm you came to the planet aligned with in this lifetime.

MarVeena: Right. A soul clearing provides several different pieces of information, including your archangel realm, the soul training and spirit guides you have, and your soul group.

The archangel realm is another way to bridge the gap between the seen and the unseen world. Most of us who are working with the light are connected to an archangel realm.

Within this body of work, we mostly work with the seven archangels, although there are more, which are connected with the earth plane. Sometimes souls, especially souls that are older souls, will have more than one archangel. It's a current-life focus.

We work with Ariel, Raphael, Gabriel, Zadkiel, Sachiël, Michael and Kamael. Those are the major ones we work with in this body of work. It's a current life focus and what you can do to more fully embrace that connection.

If you know who it is, you can do ceremonies to help you gain a stronger link. That way, you'll be able to pull on their resources as you help with what their grand plan is and what their goal is on this earth plane.

Lois: You're saying that even after you've gotten a soul clearing, you can do a ceremony to strengthen your relationship to the archangelic realm your working with?

MarVeena: Yes. Ariel works with the realm of nature, with the Earth Mother. She's a very goddess archangel. She's connected to the root chakra. This is the realm that connects us with the healing magic of the Earth Mother. It helps us to get very connected to the earth, to the divas, and through the divas to the animals.

Usually people who are connected to archangel Ariel are very compassionate people. They're very tolerant. They have a lot of unconditional love. One of their challenges is to learn to place their compassion in the right place, where it's joyfully received and not used as a way to manipulate and harm them.

Arielites are spirits that can be taken advantage of very easily. Another thing that's good for them

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to learn is to set strong boundaries so people don't take advantage of them.

The archangel realm I work with is Raphael. It's the main one, and Gabriel is the second focus. I call upon archangel Ariel when I need to work with my animals. I have 16 thoroughbreds, and I have dogs and cats.

I call to archangel Ariel. I go through her to the divas on the land and then to the actual animal I need to do the healing with. It helps pave the way so the animal is not afraid of me and they trust me. It's like they can see the big picture and see what I'm trying to do to help them.

Lois: It sounds like a great way to work with the devic kingdom, period.

MarVeena: It's a good way to connect. I think there are a lot of ways different people can use that in connecting to the diva kingdom in their own backyard. If you're hiking, I think it would be good to call the divas on the land and let them know you come in peace and love. I think it sends that message throughout wherever you're going to be. It sets you up for a good hike.

Lois: They don't get appreciation from humans much anymore. There was a time when humans did appreciate the devic kingdom. Now it pretty much gets ignored by the masses of humanity on the planet, certainly not everybody, but most people.

MarVeena: It's another thing where if you can't see them, you don't know they're there. It's hard to believe in them. I can't say I've seen them so much, but I've interacted with them.

I have racehorses. I have a really strong mare. She's 1,100 pounds. She came in off the track and was banging off the walls. I needed to have the farrier do some work on her hooves. She was on a huge pasture.

Since she had been on the track for a while, she didn't want to come into the barn. I had been chasing her, trying to catch her, and doing everything I could to get her into the barn. All I wanted to do was work on her hooves. I couldn't catch her.

I finally stopped and said, "I have to do something." I called on the divas on the land through Ariel. I said, "I just want to do some work with the mare to help her hooves so they don't split and crack and hurt her. Could you please give her that message so she'll come in?"

I said that prayer, and not two minutes later, I turned around and went into the barn to regroup. She trotted into the barn right behind me. I was able to get the farrier to work on her that day.

Before calling on the divas, she wasn't having any of that. She had freedom. She had a huge pasture, and she was going to make use of it while she had it. It was a very weird thing.

After that, I know that when you approach the divas with respect and your heart is pure, you have pure intent for what you want to do for the animal. I'm always either wanting to do a healing session or something that's to their higher benefit. When you do that, most of the time, they'll lend you their assistance.

I think they basically say, "Hey, she's okay. Let's go work with her, and you'll be all right."

Lois: That sounds like exactly what happened.

When you do the soul clearing work, who helps you with the work?

MarVeena: The archangels are one of the major things we work with. We call on different aspects of all seven of the ones we just talked about through the soul genesis. We also call the Great White Brotherhood.

Lois: Some people don't know what the Great White Brotherhood is, and they freak out. It's the Brotherhood of White Light.

MarVeena: We also work with some of the other houses of God. We work with Mother Mary, Jesus Christ, the Buddha, and the Magdalene energy. Those are the major ones. We call on the Temples of Light, Knowledge, Power and Love. Divine Creator is the main one we connect to.

Lois: How would I know if I need a soul clearing?

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MarVeena: If you feel you have hit a point of stagnation where you're unable to move forward in your career, know you need to make changes in your life but you just can't get it done, or you feel your luck is unusually bad.

Lois: What about if you're stuck in a relationship and it's not moving forward or ending?

MarVeena: Yes. That would be one way.

If you have really bad dreams or you feel you have a dark cloud following you, that's a major one. It's also if you feel your thoughts are not your own or if you have thoughts that come out of the blue and you think, "Where is this from? What is this about? That's not me. Why would I think about something like that?"

Lois: Sometimes that's spiritual guidance isn't it?

MarVeena: It could be a negative guide.

Lois: If it's a negative thing that's coming in from nowhere, that's one I would be worried about.

MarVeena: A lot of times people get messages from guides, but they're not guides of light and love. I call them "watchers" or a "stalker talker." The entities will sometimes latch onto us for the purpose of stealing our life force energy and using us as a vehicle to get around like a meal ticket. When they do that, a lot of our energy is diverted to their agenda. They cause us to have arguments and get into fights with our family and the people we love. Negative entities thrive off of chaotic energy. They thrive off of fights and violence.

Lois: It's food to them. That's what they eat.

MarVeena: They gobble it up. It's a meal ticket. It's a buffet.

I believe that's what was goading the witch hunts a long time ago. Evil entities got in with some of the people of power of the day. They created mass hysteria and fear for their purposes.

I think they still try to do that today. Those are high-level entities. They're like the Darth Vader or archdemon level.

Most of the time, regular people will have lesser-level entities attached to them. Those are the ones that can be removed with this sort of work.

If you feel you're stuck, have a lot of anxiety and can't relax, or if you have a lot of fears or feel you have thoughts that aren't your own, those are good reasons to pursue a clearing.

With your permission, I go into the akashic records on your behalf. I ask a series of questions in the records. The answers help me determine what sort of ceremonial prayers and clearings I need to do to help you get back into balance.

First, I'll determine your soul stance. I determine if you're a mono-souled individual, or if you're experiencing soul-shifting. For the most part, we're mono-souled.

Every once in a while, you'll encounter a person whose soul may not be strong enough to see it through its lifetime. Either another soul or a higher aspect of its own soul will come in for a while, a couple of years or longer, and help that person through a difficult time. Then they'll say, "Okay. I think I'm ready. I can come back in for a while."

You might have noticed people in your life who go through cycles every seven years. They do really well. They have a good job. They have good relationships. At the end of that seven year cycle, it's like everything just goes up in smoke. They can't handle themselves. They go through a big chaotic move. Every once in a while, you'll go through situations like that.

Whenever I have someone who's soul-shifting, it's like a split personality. I have to do a soul clearing on each of those souls. Sometimes I have to request that if it's not for their higher good, one of those souls not be allowed back in.

Some of the things I look for in establishing your soul status is if that person's soul is fully aligned and connected with the Temple of Truth. Are they fully connected with the Temple of Love and the Temple of Light? Is their soul assigned to an archangel realm?

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I'll also ask if they have any current or past allegiances to negative forces. Is their soul using any devices, facades or deceptions? Is their soul a part of the Changeling Collective or a Light Power imager?

Does their soul seek assistance in clearing energies so they can align with the Divine Temples? Does their soul resist aligning with the Temples? Do they contribute or direct disruption to the Divine Temple?

When I get that information, I can proceed. Then I ask questions about their status, about what they might have that needs to be cleared. It's a series of about 30 questions. The answers to the questions determine what you need to do. If you get a yes on some of them, that's a ceremonial clearing that you would need to do to help that person get back into balance. If you get a no, then usually there is nothing to do on that situation.

I ask if they have negative spirit guides. I didn't even know you could have negative spirit guides when I first started doing this.

Lois: How do you get a negative spirit guide?

MarVeena: You could get a negative spirit guide pretty easily. For instance, you go to a funeral. There are some souls in there that aren't comfortable with going on into the light. It's like they attract entities because they're trying to utilize their shell that hasn't been completely sloughed off when they cross over.

If you're in a vulnerable place, the entities kind of throw a loop over you. They latch onto you. They're basically just going along for the ride to see how far they can get with you or what they can get accomplished with you, or until a better meal ticket comes along. It's very easy. It's vulnerability.

Lois: I just didn't know that anyone ever called those people spirit guides. That's a different definition for me. I'm not saying it's wrong. It's a different definition.

MarVeena: That's really not what I'm saying either. They can appear as guides sometimes. They talk to you and whisper to you. They try to get you to think that they are there for your higher good. They have their own private agenda in mind. I think that happens quite often.

Lois: I do, too.

MarVeena: You've heard people say, "Jesus told me to throw the baby out the window." Those aren't spirit guides. They're negative guides. If you were an alcoholic, had problems with addiction or lived with someone who did, you are a magnet to negative guides. Even being around them and living with them makes you vulnerable to negative guides.

Lois: They can jump right off of them onto you, can't they?

MarVeena: They can. You're vulnerable for a lot of reasons. You love that person, or you may have fear of that person. Fear is their little magnetic in, any fear. Fear pieces are how they're easily able to get a little attachment to you.

Lois: Fear opens the door.

MarVeena: It does. It could be a fear of snakes, of growing older, or of losing your husband. Fear vibrates to fear. That's how they are able to hook up with you.

If you have more than one negative guide, we call that a "wolf pack." You need a major clearing if you have a wolf pack.

One of my teachers told a cute story about how she kept clearing her house. It seemed she was having to do it all the time. She was very psychic and could feel when her house had been "slimed."

Our houses are very vulnerable. We have all of these systems that are entering our homes, like computers, telephones, cell phones, microwaves and TVs. People are coming and going all the

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time. Houses have a lot of vulnerable points of entry.

She was saying she kept doing all of these clearings. She finally decided to focus all of her clearing on her front door because she felt it was a person who was coming into the home. It was a family, and several people would come and go. It was a person who was coming in who was dragging all the negative entities, or wolf packs, in.

She did a ceremony to set psychic mirrors on the door so the entity couldn't come in. She said the cleaning lady came to clean one day, came to the front door, and turned around and left. She never came back.

Lois: Oh my god! It was the cleaning lady.

MarVeena: She found out the cleaning lady practiced voodoo on the dark side. I guess some of her critters were coming with her. On another level, the woman knew that this house wasn't easy pickings anymore. She felt uncomfortable.

When I do my house clearings, I always set up a grid on the doors and entry points so negative entities, ugly spirits, watchers and stalkers can't go through. They know that it's a place of love and light and that they're not welcome within.

Lois: You can clear properties like buildings, homes, offices and so forth?

MarVeena: Absolutely. I have a really cool property clearing, a house clearing and an enhancement that I think is a beautiful clearing. It helps to back out of the space anything that is not aligned with love and light.

I check what the condition is on the property to see how toxic it is. Are there any portal ways open in the building, on the land, or within a quarter-mile radius of the property?

If you have gateways or portal ways, it's a highway for entities. They can come and go easily. That home will never feel like a home. If it's on a street where there's a gateway or portal way, it'll be a place where you have a lot of accidents and a lot of bad things will happen in that area.

I ask if there are any dark entities attached to or stalking the property and if they're inside the building or on the land. I also check to see if there are any negative thought forms or anger spheres that are directed at the property.

Sometimes other people can create huge negative anger spheres. If you have a neighbor who's mad at you because you built a second floor and they can't see the lake, and every time they look at your house, they're thinking, "I can't believe they built that big old house and now I can't see anything," they're directing negative arrows and anger spheres at you.

Those thoughts are a real energy. It can land on you and affect your home in different ways. It can affect you in different ways. It can give you headaches and cause physical stuff in your body.

I also check to see if there are any objects or crystals anywhere in the solar system that are charged with dark force energy that's being directed at the home or the property.

If there are any positive or negative earthbound spirits, ghosts or even poltergeists that are calling on the property or drawing energy off of that property, I ask how many there are, are they positive or negative, are they male or female, and are they known to you? Is grandma haunting the place, or is it someone else?

We ask if there's a gateway or a gatekeeper, which is a pretty high-level ugly spirit. Also, we ask if the location was ever used as a burial ground or if it was a sacred site because that's good information to know.

I think people should clear their houses and check themselves and their homes quite frequently to see if they've been compromised just like we check our computer. My husband checks our computer every couple of days for viruses, trojans or spyware.

Lois: It's like running a scan.

MarVeena: Has there been any fishing attempts on my property? When I do a clearing I set shields around the property. The shields are very thick. They're very protective. It's a vibration that extends around the home and keeps out negativity that's produced by others or directed at us. It helps to keep the home in sacred space.

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Sometimes our shields can be comprised. A lot of times they're comprised by ourselves because we create negative thoughts about ourselves like, "I'm not good enough. I'm not smart enough."

If we have anger or frustration, we'll chip away at our shields from the inside. That creates a vulnerable place where an entity from the outside can discern where that place is and attack from the outside.

Like you run a computer scan every few days, you want to run a personal scan on your personal space and energy field. Say, "Do I feel like I have my shields up? Does the energy in my home feel good? Does it feel at peace? Do I feel happy when I walk in a room? Does the room feel like something needs to happen or feel stagnant?"

A good way to determine if your house is toxic is to look at your plants. If they're doing good, your house is probably pretty livable. If your animals, your plants and you are all pretty healthy, then everything is probably good.

I think we need to maintain it often and always keep it on our minds.

Lois: Is there anything a person can do to clear themselves?

MarVeena: There are always a few ways to accomplish the same thing. It seems to me that the reason I decided to delve into this body of work is because I moved into a new house. I never had this happen before, but I would go to sleep at night and wake up hearing my cupboards banging in my kitchen.

Lois: That's not a good sign when your cupboards bang and you're not in there!

MarVeena: I know it. I had a little bit of poltergeist energy. It wasn't a bad one. It was a small one. I did everything I knew how to do to get rid of that. I couldn't. I finally had to call a friend of mine. This was before I did this work. She did a clearing through this body of work and everything just stopped. She was able to clear it with this approach. There are always different approaches you could use.

One of the basic, simple things you could do would be to just say a prayer. Connect to the angel of the house. Ask that the angel of the house help to back out of the home what is not in your highest and best good and to create layers of protection around the home, to bring in light and love from spirits to help create a sacred space. That would be a very simple way.

There are a lot of ways you could do that. That would be one.

Lois: We have somebody on the chat that was wondering if you would be interested in telling her about life direction or looking at Akashic Records. Is that something you would need to do with her privately?

MarVeena: I would need to do that privately. I would need her birth information so I could find her place in the Akashic Records. I would also need a photograph of her.

Lois: If somebody wants to get in touch with you, they should go to your website, www.MarVeenaMeek.com, or call you at 972-564-0753 to make an appointment.

MarVeena: I've got a couple of websites, www.MarVeena.com or www.MarVeenaMeek.com. I've got information on the website about the soul clearing work. It's very personal. It's a very private and personal thing.

Lois: You really have to go into an altered state to access it, don't you?

MarVeena: You do. You need to gather a few pieces of information about the person.

Lois: You have to be able to see their eyes, don't you? You need a photograph with the eyes.

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MarVeena: That helps a lot.

It really isn't so much about the life path, although sometimes the information will give you support and backup about your soul group and your Archangel realm that would give you some clues about what might be an easier way for you to move forward. Really, it's about clearing off what's not serving you.

Lois: It's kind of like hitting the reset button, isn't it?

MarVeena: Yes, that's it, and going back to your original soul's blueprint. It's going back so you have a fresh start. You may have energetic thought forms created by you or others. Often, we're living with thought forms that aren't even ours. Our parents or other people may have projected those thought forms onto us.

For instance, a man always wanted a son so he could carry on the family name and the family business and be the football star. The son gets here and has no interest in the family business and doesn't want to play football. He's walking around with all of these expectations and created thought forms about him. It creates quite a drag on his energy field and compromises what he's able to accomplish. He's got to live in all of that slime.

A lot of times, we live with other people's expectations. It hampers us in our ability to move forward.

Lois: If you feel it's appropriate, can you give us some examples of before-and-after experiences from people who have gotten a soul clearing? Can you tell us how it made a change? Can you think of any offhand?

MarVeena: I had one lady that I did a clearing for. Her husband was an alcoholic and had died. As a result of living with an alcoholic for a long time, she had a ray that a Talker Stalker had connected to her through.

It's like they throw a loop at you and it connects to one of your chakras like a straw. They can siphon energy out of that chakra through the straw. They use that life force energy for their own.

Entities are disconnected from the light. People that are in the light understand our connectedness to infinity and all that is. We know it's eternal. We have that connection to that eternal energy. Dark spirits are not connected to the light. They know they have to keep "bringing home the bacon."

She had a ray connection to her root chakra. It was siphoning off energy from it. It was causing all sorts of physical problems. Basically it was zapping the life out of that chakra, which affects the physical body.

We had the clearing. There were several other pieces that were affecting her. I was able to remove the entity that was attached to her and do a clearing and healing on the chakra to repair the damage that had been done.

We did the reset button, like you said. We reset her shields and backed out all of the other miasms and energies that had been fed to her for however many years she lived with her husband.

Her whole world turned around. She was able to get back into health, vibrancy and well-being. She was able to turn around and say, "That was then. This is now. It's time to put all of that stuff behind me so I can move forward into the light." It was a clean slate.

This kind of work is stuff that's ongoing. We always have to be aware of what we've picked up today and what we need to do to hit the reset button and get back to balance, to our original blueprint, and maybe pull in the resources and help we need so we can have the importance, inspiration and creativity so we can really do something to touch the world with beauty and give back.

Lois: We need more than one soul clearing.

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MarVeena: Sometimes we do. They may come several months or a year or so apart. You will know when you need to do more clearing work. You'll think, "This is the only thing that's going to get it done."

There's always more than one way to do things. This is a way that I have been shown. It's very effective, useful and powerful.

Lois: We've got a question on the chat. "Ask her about price range and an apprentice program."

MarVeena: I am not able to teach this work right now. I'm still an apprentice in this program of work. However, to do a house clearing, I charge \$90. To do a personal clearing is \$180. If someone wants to send me an email, I can send them the information about the instructors.

Lois: We're just about out of time. I wanted to thank you for being here with us today, MarVeena. We really appreciate all of the incredible information you've shared.

I also want to thank everybody who called in and listened to this program. Next week, we're going to be talking to Ginger McCord on "Luna in your Life, Part 2." Call with your questions about how the moon affects your life.

Thank you, MarVeena.

MarVeena: Thank you, Lois. It was great talking to you.