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## The Ghost Queen E-zine

### MarVeena's Late Spring Events

May 14, 2010

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**Five Minute Mini  
Meditation**

#### **Om Great Meditation**

The Om is a seed sound, which is extremely potent and expresses a particular energy. It is also known as the Soundless Sound or the Sound of the Universe. By chanting Om it helps our ego personality align it self back to at onement with Creation!

### Welcome Light Warrior's

Hope you have had a wonderful spring so far. This is an awesome energetic time to spring clean, out with the old and in with the new. Book your soul clearing now and see what shifts for the better in your world!

### May Events

#### May 14 Spirit Circle

**Location: Forney  
Time: 7 PM to 10 PM**

Be my guest as we walk between the worlds to hear messages from those who have gone on before us. Circles are small, a perfect way to spend an evening. It is a treasure to hear from some one long gone. Let me know if you plan to come so I can save you a seat.  
972-564-0753 or email me.

Call me soon to set up your private readings by phone, in person or by Skype available, please contact MarVeena for dates and times.

#### June Events

**June 7 Monday Night Circle**

**June 18 Friday Night Circle**

Chant this verse over and over again 108 times. It won't take long maybe five minutes. It is a Powerful meditation. For more chants and incredible music see this site:

[www.sanskritmantra.com](http://www.sanskritmantra.com)

[www.marveena.com](http://www.marveena.com) for details

Send in your results and ideas for meditations. I like to hear your questions too!

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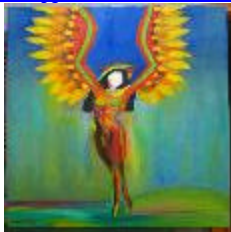


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Location: Forney-Gold HorseRanch

Time- 7 PM

Cost: \$20.00

Email me if you would like to reserve a space for the event.

FYI: Please park on the gravel drive way.

## 7 Tips for Psychic Development!

1. Meditate at least 4 days a week. Use a nice chant like the Om for 5 minutes, add some mudras to help move the energy where you want it to go.
2. Drink daily recommended water, energy is electrical in nature. Water helps conduct energy. Medium's need energy to channel.
3. Create intention's to develop my natural gifts the highest I can. By going in the flow of my souls dreams I can accomplish more rather than pushing against my naturalness.
4. Find a group or circle to practice your craft. It is great to have people to practice giving mini reads that are supportive of the beginning student. Several established medium will host development circle regularly.
5. Develop rapport with your own guides, teachers and angels. Create intentions that they help you expand your awareness and channel your gifts.
6. Read and improve your understanding of the Kundalini and the chakra's and how they operate.
7. Study symbolism in any form your find it, especially the Tarot, Runes and I-Ching are helpful.

Create a plan of action and intend help from your team to get it off and running. Find an established mentor who is a higher vibration than you to help you. Either by classes, apprenticeship, or other

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If you would like to join the " Ghost Queen E-Zine" please do so here.

I send out two emails a month regarding spiritual and paranormal events. Privacy assured.

**MarVeena's Bio**



I had a NDE (Near Death Experience) three days before I turned 21. That is interesting timing. The number 21 breaks down to 2+1=3. the number three represents among many things life, death and rebirth. Which was the case for me.

It was the most traumatic thing that every happened to me. One minute I was on top of the world. Healthy, loved my career and life. The next thing I knew I was hovering between this world and the next.

Any how this was my turning point. When I was sent back to finish what I came here to do. I started being aware of other spirits that were a live but not focused in a physical body. They had messages for those of us here in a physical body. I am the go between. From my heart I do my best to relay what your loved ones in the spirit world want to tell you. I relay the inspiration and ideas from your guides, teachers and angels.

It is my way of touching the world with beauty. To help us understand that life goes on after the breath leaves the body.

Walk in Beauty

teachings.

Read as much as you can find, the libraries are full on info. Half price books is a great resource too!

Keep feeding and nourishing your dream, that is how you cultivate it!

**Down home on the ranch:**

Zorro the weenie dog had a bad week, diarrhea really bad. But after some TLC he is all better. A really busy month with readings etc...

Then in the middle of the night April 30 we finally had our last foal, 4 weeks late. A little colt just as cute as can be. Really sweet natured too. Pictures are on my Facebook account and You Tube account. Facebook is below, the You tube channel is marveen1.

Come to see us soon!

**Blessings**

**MarVeena-Ghost Queen**

**Give me a call, we can set up your spring clearing or reading!**

**Book your Private reading, Hypnosis session, Reiki Class, Soul Clearing by email:**

[marveena@marveenameek.com](mailto:marveena@marveenameek.com)

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